

# Catering Menu

Goose Bay FBO



## BREAKFAST

MARINERS BREAKFAST SPECIAL  
FRENCH TOAST WITH SYRUP  
PANCAKES WITH SYRUP  
BREAKFAST STEAK AND EGGS  
FRUIT SALAD BOWL  
HUNGRY MANS BREAKFAST

## BOX LUNCH

### REGULAR BOX LUNCH

1 sandwich, 1 chips, 1 bar, 1 pop, piece fruit & 3 nuggets,  
1 mayo, 1 butter, 1 mustard. 1 sauce & napkin package

### DELUXE BOX LUNCH

2 sandwiches, 1 chips, 1 bar, 1 pop, piece fruit & 3 nuggets,  
1 mayo, 1 butter, 1 mustard. 1 sauce & napkin package

## SALADS

GARDEN SALAD  
CAESAR SALAD  
CHEF SALAD  
CHICKEN SALAD



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## TRAYS

### SEAFOOD TRAY FOR ONE PERSON (SMALL)

1-4oz portion of char, 1-4oz portion of salmon, 5 large shrimp, 5 bacon wrapped scallops, 12 mussels, 1 roll & butter

### SEAFOOD TRAY FOR TWO PERSONS (MEDIUM)

2-4oz portions of char, 2-4oz portions of salmon, 8 large shrimp, 8 bacon wrapped scallops, 20 mussels, 2 rolls & butter

### SEAFOOD TRAY FOR THREE PERSONS (LARGE)

3-4oz portions of char, 3-4oz portions of salmon, 12 large shrimp, 12 bacon wrapped scallops, 30 mussels, 3 rolls & butter

### SEAFOOD TRAY FOR FOUR PERSONS (LARGE)

4-4oz portions of char, 4-4oz portions of salmon, 16 large shrimp, 16 bacon wrapped scallops, 36 mussels, 4 rolls & butter

*OTHER FISH SELECTIONS CAN BE SUBSTITUTED IF REQUESTED. IE: COD INSTEAD OF SALMON OR CHAR*

### MEAT TRAY

small - 1 - 3 people  
medium 3 - 6 people  
large 7 - 9 people

### SANDWICH TRAY

small 2 people = 3 sandwiches  
small 3 people = 4.5 sandwiches  
medium 4 people = 6 sandwiches  
medium 5 people = 7.5 sandwiches  
large 6 people = 9 sandwiches  
large 7 people = 10.5 sandwiches  
large 8 people = 12 sandwiches

*ALL SANDWICH TRAYS ARE MADE USING 5 SLICES OF MEAT.*

*ALL CONDIMENTS ARE ON THE SIDE*

### CHEESE & CRACKER TRAY

small - 20 pieces  
medium - 40 pieces  
large 50 pieces  
fill with crackers

### FRUIT & VEGGIE TRAY

small - 1 - 3 people | medium 3 - 6 people  
large 7 - 9 people

### SWEET TRAY

small - 24 pieces | medium - 36 pieces  
large 50 pieces

### FRUIT BASKETS

for 2 people = 4 pcs fruit plus grapes  
for 3 people = 6 pcs fruit plus grapes  
for 4 people = 8 pcs fruit plus grapes  
for 5 people = 10 pcs fruit plus grapes



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## DINNER

PAN FRIED COD  
SHRIMP & SCALLOP SAUTE  
CHICKEN OR BEEF STIRFRY  
CLUBHOUSE PLATTER  
CLUB HOUSE SANDWICH ONLY  
HAMBURGER PLATTER  
HAMBURGER ONLY  
CHEESEBURGER PLATTER  
CHEESEBURGER ONLY  
SMOKED MEAT PLATTER  
SMOKED MEAT SANDWICH ONLY  
8OZ. STEAK DINNER  
10OZ. STEAK DINNER  
16OZ. STEAK DINNER  
SMOKED CHAR  
LABRADOR FILET CHAR  
SALMON  
ROAST BEEF DINNER  
ROAST CHICKEN DINNER  
FRIED LIVER AND ONIONS

## MISC SELECTIONS

CRAB CLAW COCKTAIL	FRENCH FRIES
SHRIMP COCKTAIL	DINNER ROLL & BUTTER
COLE SLAW	SIDE GRAVY
POTATO SALAD	BAKED MUFFIN
PASTA SALAD	BAGEL
SOUP	JUICE (1 LITRE)
SEAFOOD CHOWDER	CANNED POP
SANDWICHES	BOTTLED WATER (541ML)

